LSAC News

by Sandra Alvarez

The LSAC's monthly meeting was held on April 14th in the school gym. Reports were given by Christina & Kevin on the recent AA Meet, and by Alex/Anna on the Statewide Spelling Bee where she was the representative for Lake & Peninsula School District.

The 1998-99 School calendar selection was made. The winter break will include the Russian Christmas holiday, with the kids out of school January 1st through 14th. Because this option uses more vacation days than traditional Christmas, we still need to choose one Saturday when the kids will attend school to make up for it. The selection will be done at the May 19th meeting, so if you have input, be sure to attend.

We reviewed the Igusiq School Strategic plan during this meeting and found that the progress toward our goals is good. One suggestion is that we be sure to have a potluck again at the beginning of the new school year to give teachers the opportunity to get information out to new families and those with new students. Bernie gave a presentation on the "Asset Building" program that the School District is working on. It sounds very good and should help find ways we can help children succeed even if they don't have good situations in all areas of their life.

The Thurston's will be teaching here again next year according to Bernie, so keep your cameras ready, we can look forward to some good productions by our kids in the coming year as they explore their talents in performance and public presentations.

MAY BIRTHDAYS

Sharon Zaccar May 8
Alice Zaccar May 8
Shaun Andrew May 10
Tanya Salmon May 12
Greg Zaccar May 30
Happy birthday everyone! o<():-)}
May 1998

done that day. Everyone is encouraged to join in and help. The school picnic is also on that day as part of the festivities. New Stuyahok’s annual Wellness Conference* is May 1-3 and we have six representatives going from our village. People who volunteered to go are Marie Nelson, Julie Salmon, Agafia Nelson, Mary Olympic, Johnny Zackar, Yakko Nickoli and Aneca Olympic, so be sure and ask them how they enjoyed it when they get back.

Extra charges on fuel deliveries were talked about during the meeting. There will be extra charges for: 1) “emergency deliveries” (when people need fuel right away because they run out), 2) Weekend and evening deliveries, 3) small deliveries (5 - 10 gallons at a delivery)

A copy of the minutes for the meeting is available for review at the Council Office for residents who are interested in coming by to read them.

* The theme is Preserving our Heritage through Sobriety & Unity

Boat Parking always becomes messy during the summer and fall months. Please remember that commercial operators like lodges and guides should be parking their boats down by the Fish & Game Landing area which is designated for public use.

Local people are free to tie up where they normally do, but if there are boats that belong to businesses parking up in the village by the residential beach road (by Murphy’s) they should be reminded to use the public area.

Also be sure that there are bumpers on your skiff or boat to protect it from damage by banging against others.

BBAHC Meeting
by Sandra Alvarez

I attended the mid-year meeting of the Bristol Bay Area Health Corporation on April 21st - 24th in Dillingham.

The health care services we receive are very much the same as they have always been, but they are also looking at placing more personnel in the villages. Two positions that many villages already have are called Family Service Worker (FSW) and the Community Health Representative (CHR). FSW’s work for the Alcohol Program or the Mental Health Department and work with people who need that sort of service. CHR’s provide health education and prevention information. Iqiguug is still too small to have our own FSW or CHR stationed here, so we are served by people located in other villages. Martha Anelot works as our CHR and has provided several presentations to the village—one on tobacco by Rick Bender, one on water safety by Glen Hart and she helped organize the Heath Fair several weeks ago. Hopefully when our village is a little bigger we can have a CHR in our own village. (Tweet was just hired as a traveling CHR.)

One area that Bristol Bay Area Health Corporation is looking into, that is important to the Iliamna Lake area is a Sub-regional Clinic which would be staffed by a Physician’s Assistant (PA). It is still in the early planning stage and no money has been found to build it, but it is being researched as a future priority.

One other major change to the Native Health Care system is coming, but it probably won’t affect the service received individually. This change is the take over of management of the new Native Hospital in Anchorage, by a consortium of all the tribes around Alaska. Negotiations right now are determining how many of the services South Central Foundation can contract and what part are the essential Statewide services belong to everyone and will be managed by the Consortium.

Bill Trefon Jr. is our Sub-Regional Representative and he has been doing a very good job bringing our concerns to the Executive Committee.

If you have any questions or concerns about the health care you receive be sure to come to the Council Office and bring them up.

Newsletter Scavenger Hunt

Within the pages of this issue you will find the following items if you look carefully:

Santa Claus (hint-tip your head to the left as you look)
the word “potluck”
an equal sign
a fish
an ampersand
the name “Murphy”
the number “28”
an asterisk
a question mark
the name “Tweet”

Personal Floatation Devices
by Sandra Alvarez

A question all the kids will be asking this summer: “Are you wearing your PFD or just sitting on it when you ride in the skiff?”

Glen Hart with the National Park Service visited the school April 20th and presented information about water and boating safety. All the kids and a number of adults earned badges and took an oath to be safe around the water this summer.

Campbell’s Labels
by Bernadette Andrew

Thank you to all who took the time to save label’s for us! We collected enough to order some pattern blocks for our preschoolers. It will be about 12 weeks before we receive them, but will be a great addition for the children. Please continue to save labels through the year and put them in the drop box located in the post office lobby.
Summer Reading Club
by Bernadette Andrew
This summer we will be having a reading club. It will begin June 1st and continue until August 31st. There will be individual awards as well as group incentives. The 1998/99 Battle of the Books will be available to be checked out as well during this time. Watch for a notice for our first meeting so you can join up!

Suicide Prevention Grant
by Sandra Alvarez
It is time to renew our Suicide Prevention Project Grant for the coming year. Sandy is working on putting together the proposal and budget right now and it will be sent to Juneau by May 15th. If you are interested in reading through it, the draft should be done sometime next week. If anyone has suggestions for things that should be happening under this grant, please stop by the office and discuss your thoughts. Some of the things that are now done are providing learning activities at the RecCenter for the kids and any adults that want to participate, keeping the RecCenter open for everyone’s use and helping out with school and student activities (like the eR Carnival).

ANHB Grant
by Dan Salmon
The IVC was happy to learn it has received a $9998.00 grant to install a waste oil boiler in its soon to be built airport facility. This boiler will “Help the Earth” as we will use old motor oil to provide winter warmth instead of disposing it in the dump or on the ground. Soon households, businesses, the power house, school district, etc. will be informed on a “waste oil recycling” collection program so we can begin using this newly discovered valuable resource and making it work for our community.

OEDP
by Dan Salmon
Overall Economic Development Plan (OEDP) for our community is making progress. Many attended the Lake Peninsula borough meeting in the Rec Hall where we discussed economic opportunities and future plans for Igiugig. Well, beginning this summer we’ll begin Phase 1 by constructing a 60’x100’ office/hangar airport facility which will create better access to tourism dollars. Come by the office with any ideas or to view the building plan and get involved.

EPA/GAP
by Dan Salmon
No, not the fashion jeans but the Indian General Assistance Program given out by the Environmental Protection Agency. Igiugig applied for and has received $85,000.00 under this program to develop an Environmental Program for our community. Beginning October 1st, we will employ our high schoolers to develop their skills identifying and solving environmental issues for Igiugig. Recycling, waste: quality, garbage management, etc. are topics we will soon have experts on.

Igiugig Health Fair
by Christina Salmon
On April 16th Igiugig held its first annual health fair. Students were all assigned a table to interview. Deb Dahlberg presented the table about HIV/AIDS. HIV is a disease anyone can get. It is spread through blood contact and sexual intercourse.

Do you know what BBAHC has been doing to inform you about HIV/AIDS? BBAHC has been giving classes on HIV/AIDS since the early 1988’s. They started these classes because they felt everyone should know about the dangers of HIV/AIDS. When asked to evaluate BBAHC’s job on spreading the word of HIV Deb said they were doing a fair job. Deb stated, “People think that they know all about HIV/AIDS and are not willing to come to classes on it. If you aren’t asking for education they (BBAHC) won’t give it. Just ask.”

There is no known cure for HIV yet. When you do get HIV doctors will give you medication, to slow the reproduction of HIV cells, but won’t totally kill the virus. It is very important for rural villages to know about the dangers of HIV. People need to be informed on HIV before it’s too late.

The Effects of Milk
by Tanya Salmon
Igiugig had its first health fair on April 16, 98. The students and the community were able to come and go to each table. Well I had to do an interview, and I picked the dietician/nutritionist lady. She knew about teeth and milk too, so I interviewed her about teeth, and the effects of milk. You will be amazed what milk can do to your body.

Did you know that milk has sugar? Well it does. If you take your baby to bed with a bottle it’s not good. When you take the baby to bed with the bottle, then milk can go around his/her mouth. The sugar settles around the mouth and stays there over night. When you keep putting the baby to bed with milk after a while the baby may get soar.

Should you give your baby a bottle when it is over two? No! If your baby is older than two, still carries the bottle all over, and still drinks, it’s not good. The sugar settles on the teeth and eats it away. Even if your baby does not have teeth the sugar settles on the gums. When the teeth grow sugars settles on the teeth. The teeth would come out rotten and deformed looking.

Is powdered milk better than breast milk? No, powdered milk has more sugar than breast milk and breast milk is 100% better. Breast milk would gradually
change and powder milk won’t.

When should you start brushing your baby’s teeth? You should start when they are born. When they don’t have teeth damp a rag. When they have teeth you should start using a brush.

Igiugig Health Fair
by Ida Nelson

Igiugig have had their first Health Fair on April 16th 1998. Students and adults were welcome to come in and learn about facts of Health. The students came and raved around to each booth. While the adults were raving around the students to each booth and interviewed the presenters. Here are some questions and answers on tabbaco and health.

Q. Why does BBAHC want to give out info. on tabbaco?
   A. To help people learn more about tabbaco and to show what tabbaco could do and what you see and what you don’t see in tabbaco. To show how addictive nicotine is and how harmful it is.

Q. What can we do to help people stop smoking?
   A. Is to have support from a family and encouragement. If a person wants to quit smoking would rely quit successfully, either for themselves or for other who loves that person very much.

Q. When two people want to quit will they succeed?
   A. Yes. Two people are too quit smoking with each other and faster to quit, because they have support and encouragement from each other.

Q. Why do healthy people get cancer early in their body than unhealthy people?
   A. In a healthy person the cells can produce a lot more than an unhealthy person. The cancer cells thrive the healthy persons better than an unhealthy person. This is called a mutating cell.

Q. Why is second-hand smoking is worst than just smoking?
   A. The left over chemicals that are not burned goes into the air. The person who’s around that person or in the room with the smoking person will have a higher risk of dying because it causes heart problems and cancer. Just from second-hand smoking 58,000 to 60,000 people die in a year alone.

Igiugig Health Fair
by AlexAnna Salmon

Igiugig had its first health fair on Thursday, April 16th. The students learned about many different health issues. We interviewed each person at their respective table on their health topic. The tobacco/smoking table interested me, because just recently a visitor, Rick Bender, who was a victim of cancer caused by tobacco, talked at our school.

Chewing tobacco effects the mouth area, that includes gums, tongue, teeth, lips, jaws, cheeks, and throat. The mouth tissue is so delicate that tobacco penetrates it so easily, and enters the blood stream.

People who chew snuff absorbs nicotine so much quicker, and the chances of getting mouth cancer are high.

“Nicotine produces a calming effect on persons who are already addicted,” says Cathy, the lady I interviewed.

All ages, especially children as young as 5 years but more common around 7 or 8 years start chewing tobacco.

Tobacco is a serious topic to keep educating children about. Share factual information and guidance to young children and adults.

SCHOOL NEWS
School Picnic
by Bonnie Thurston

Everyone is invited to attend the Igiugig School Picnic. It will be held on May 18th. The location is being determined by the students and plans are in the works. Please look for notices as the day approaches. Students will also be doing community clean up on that day. It will all be lots of fun for everyone!

Graduation Day - May 20th
by Bonnie Thurston

Igiugig’s School’s Graduation and Awards Ceremony will be held at 2:00pm on May 20th. The kindergarten graduates are:

- Angel Alvarez
- Shayna Nelson
- Alicia Zachar
- Jacob Asook
- Jeremy Salmon

Awards will be given to all students for achievements during the 1997-98 school year. Our guest speaker will be Principal Bernie Gutsche. Please plan to attend the celebration for the graduates and honor all students for their achievements. A dessert potluck will follow.

LAST DAY OF SCHOOL!
by Bonnie Thurston

Our last day is May 22nd. Summer vacation for students begins May 23rd. Everyone have a wonderful summer and read those Bible Books!

School Raffle Winner
by Bonnie Thurston

Bernadette Andrews was the lucky winner drawn at the conclusion of “The Fisherman and his Wife.” The round trip ticket, Igiugig/Anchorage, was donated by Peninsula Air. Igiugig School wants to thank everyone who purchased a ticket. All proceeds went to the Student Activity Fund.

Yearbooks!
by Bonnie Thurston

Everyone at school is anxiously awaiting the arrival of the 1997-98 Yearbooks. Students worked very hard to meet the deadline. It will prove to be the best one yet! People who reserved a yearbook will get theirs first, then any left over will be for sale. The cost is $13.00 per copy. We expect arrival around May 11th. Purchase a Yearbook to have a lasting memory of this school year.
Puzzle page

Dolphins
Whales
Sharks
Waves
Fish
Salmon
Salt
Coral Reefs
Animals
Plants
Water
Beach
Shells
Clams
Oysters
Ships
Cruises

answers to last month's crossword

P I N W N W H A L E S Z L D Y X F Y
R S P V Y F A Y F F K N U S T I W Q
E J D W H W J Q C R E I B S J K A
M K R B Y X C E H A A F R H Z E W J V
R Y T D T I R C B W H T E W F L V I
K F T W X L U L G X S L T M V L X J
S K G A A P I Y J B H L O A W K E O M
T V N R S B I S A D W I C H W D
D Q O C R E U M M D L Q H S
E C V T L A S S F T I A O Z I A L H
N Y G C C R D T E O N D L C K O L H
M Z G H C G R H O A C E C X O A J
B S E J L Y L A M R D L O W B E B F V
L R Y U P A I L S M S N I N N H M B
A D T U X A R C G O -- -- -- -- --

masticate
clasp end
tiny insect
hewing tool
yoga posture
hazard
Elvis__Presley
Audubon Society
hear up
lay down your
hair
Asir
one who eats grass
Amer. Bible Soc.
(aor)
Empowerment crew
(aor)
'Now to the tall
buildings'...
impediment
A foot
Biographer Ludwig
analyst
expression of
amusement
female possessive
charity org. (aor)
Devonshire cream
confused
Skin
Thompson or Samson
inactive
butter hole
abound
pay machine
run away to get
married
Leete
Black hand
Dury
Grand slam in
baseball
collies
Writer Father
quick sleeper
three (Lit.)