

Igiugig News & Notes

Igiugig Tribal Village Council

October 2008

Volume 11, Issue 10

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Another New Member

Jonathan Alvarez joined the ranks of "Igiugians" on September 6th, 2008 at 1:30 a.m. with a good bit of crying and a happy welcome from his dad, mom, and grandma. A.K.A. Davy, Maureen, and Sandy.

He weighed in at 8 pounds, 5 ounces and measured 20". After a three day stay at the hospital and another several days at the hotel in Anchorage he took his first airplane flight on Iliamna Air Taxi home to Igiugig, where he is just busy these days doing all the things that newborns do.

Little Jon has many of the looks and expressions of his father, the beautiful skin of his mother, and spends his days making everyone around him fall in love with an awesome new little person.

(Photos cont. on page 2)



A New Place By Maggie Stoltman, 8th Grade, Igiugig School

Moving from one place to another is hard and difficult and I am sure no one likes relocating because that means a new home and making new friends. In Naknek I have many friends, but I have also made many friends here in Igiugig. I like everyone here; everybody is very friendly and that is one thing that stood out when I first arrived. Like when I first stepped off the plane many people greeted us and showed us around and took us to our new home, which is really nice and cozy. I love the house I now live in and it means a lot to me that people worked hard to make it as nice as it is.

One aspect about moving that most people must not like is leaving their home for a new environment. The environment here is great; there are many plants and a lot of wild life. Well that is what I heard, but I look forward to seeing many animals this year. I was also amazed when I looked at the river before the plane landed and saw how clear blue the water was. The water was so clear that I could see rocks on the bottom of the river and maybe a couple of fish, but I am not sure.

In all I think Igiugig is a nice place to be. I look forward to the following years to come and spending them with my new friends and seeing a lot of new places to see, and who knows maybe a lot will change over time and I will witness it.

Birthdays this month

- October 5
Madison Andrew
- October 10
Bonnie Thurston
- October 11
Camille Andrew
- October 18
Molly and Maggie Stoltman
- October 27
Dallia Andrew
- October 31
Yako Nickoli



Moving to... “THE BUSH”! By AlexAnna Salmon

On August 23, the “new family” moved in. Two Pen-Air caravans landed at the airport; the first, filled with furniture, and the second, with the newcomers. Prior to the move, Igiugig Village Council employees worked tirelessly to finish the renovations on the old “Red House.” The house was given a two-room addition, new linoleum, wooden flooring, a washer and dryer, new beds and couch, and for the outside—a fresh coat of blue paint. The addition was needed to accommodate the family: Nancy, Barbara, Molly, Maggie, Joshua and Andrew.

Nancy Nease is the mother of nine children, ranging in age from 35 to 13, and she builds web-sites for a living. She is originally from southern California, but has lived in Arizona, Oregon, and Naknek. Her daughter Barbara has two sons Joshua (8) and Andrew (5). She is a volunteer EMT and was a Certified Nurses’ Assistant in Oregon. Despite her extensive background in the medical field, Barbara is currently in Nome for the required six-week long Phase I training for the health aide position in Igiugig—a position which desperately needs to be filled. Nancy is also the mother of twins Molly and Maggie, both in the eighth grade. Another son, Jesse, is a senior at Bristol Bay High School and is contemplating moving to the village as well. Nancy especially enjoys the peace and quiet of the community—an environment in which Josh and Andrew are blossoming. “I love the school. The one-on-

one is fantastic.” The twins, however, are still adjusting to the limited amount of entertainment and people. Molly, a social butterfly, has quickly learned that Igiugig takes extra-creative thinking for social activities.

Nancy describes Igiugig as “lovely, fantastic, beautiful.” Her first thought as she got off the plane was “We have finally moved to Alaska.” It was not until Nancy moved to Igiugig that she realized Naknek does not constitute “the bush.” Compared to other moves, it was not about renting a U-Haul and driving to the new location. In fact, the family sent 220 boxes through the postal system and chartered two airplanes! The move to Igiugig has been a learning experience for the family; for example, figuring out how to buy fresh groceries, the most economical route to Anchorage, and when to turn on heat tapes to keep water from freezing. Nancy realizes, “You have to plan ahead further.” I, having been born and raised in this village, know all too well that Nancy is not exaggerating. I interviewed Nancy while she was waiting at the airport hangar to see off an airplane load of students being shuttled to Iliamna Nilavena Sub-regional Clinic for their school physicals because the health system would not send a doctor to the village. Living in Igiugig, one often has no choice but to be flexible, opportunistic, and certainly not to take anything for granted! Despite it all, Nancy says, “I finally feel at home.”

“Lettuce” Talk Biz By AlexAnna Salmon

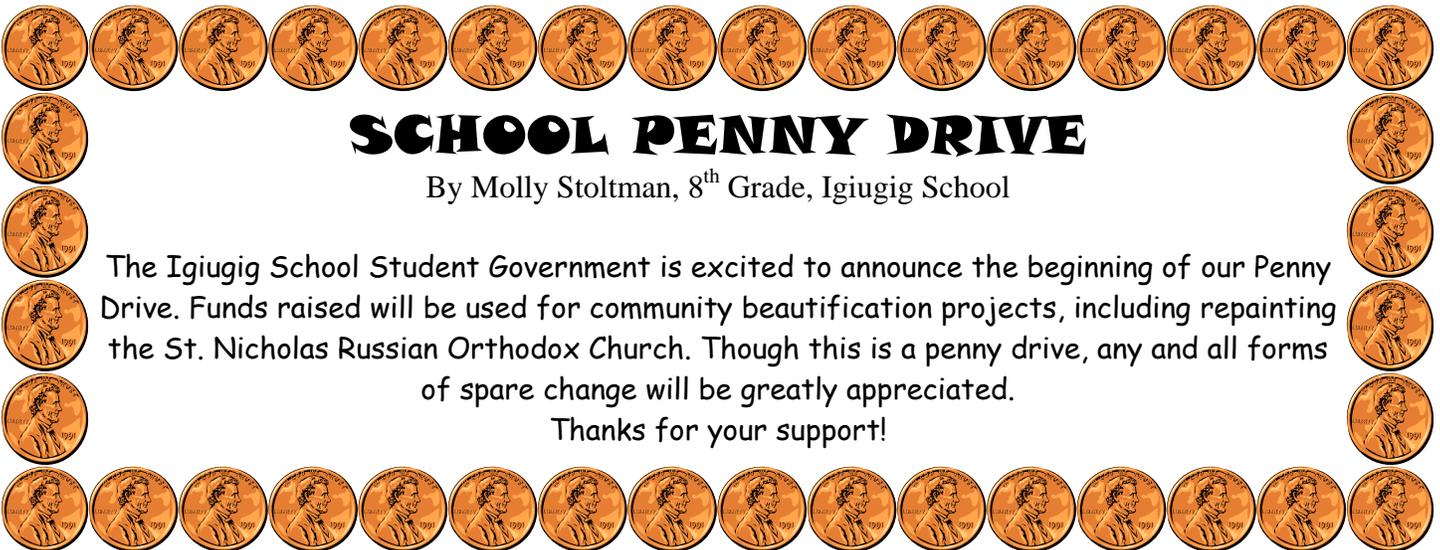
From August 21-23 Sandy Alvarez and I traveled to King Salmon for the Southwest Alaska Municipal Conference (SWAMC) training for small businesses. Over the three-day workshop we learned the basics of business—from brainstorming business ideas to putting it in action. Instructors included Linda Ketchum, Glenn Haight, Mya Renkin, and Andrew Crow; they taught us how to write business plans, do financial analyses, marketing methods, the differences between sole proprietorship, corporations, partnerships, co-ops, associations, etc. On days two and three, we examined business potential related to the fisheries and tourism. It was a great workshop for emerging entrepreneurs to learn the wealth of resources available to support starting a business. If anyone is interested in learning more, stop by the council and I will share what I have learned.

We also had the privilege of one-on-one consultation with Andrew Crow to discuss a greenhouse venture because I was interested in applying for the 2008 Alaska Marketplace Competition on behalf of the council. This is a competition that supports and promotes business development in rural Alaska. After the workshop, I submitted an application for the Igiugig Village Greenhouse. The business idea is to provide flowers, fresh fruits, vegetables, and eggs to local residents and area businesses by using organically grown and harvested produce. Over the past five years, we have successfully completed our pilot projects of a community chicken coop, potato garden, village beautification (flower boxes, etc.), and worm waste fertilizer...next we need a greenhouse!

In early September I was notified as a finalist for the competition under the category “Practical Use of New Technology.” If we win the competition, the actual building of Igiugig Village Greenhouse will take place over several phases. The first phase will involve researching the most effective designs and ideal plants to grow; next, building the greenhouse, establishing plots and acreage for outdoor crops, and experimenting with latest agricultural techniques for southwest Alaska. At first, the Greenhouse will operate seasonally between the months of April and October. The Greenhouse will be located next to Igiugig’s new landfill because the goal of the project is to eventually grow produce year-round and the landfill incinerator offers an opportunity for waste heating of the Greenhouse during the winter.

The next step in the competition is to submit a detailed business plan and budget by October 6. I am currently working with Dave Hostetter on the greenhouse design and use of technology. After a summer of observing his farming techniques, Dave has a plethora of great growing ideas! On October 22nd, during Alaska Federation of Natives (AFN) I will present our display to a panel of judges. Of 46 finalists, about twenty will be granted a portion of \$600,000. This competition is sponsored by ConocoPhillips, Bristol Bay Native Corporation, Alyeska Pipeline, BP, Shell, and the Denali Commission.

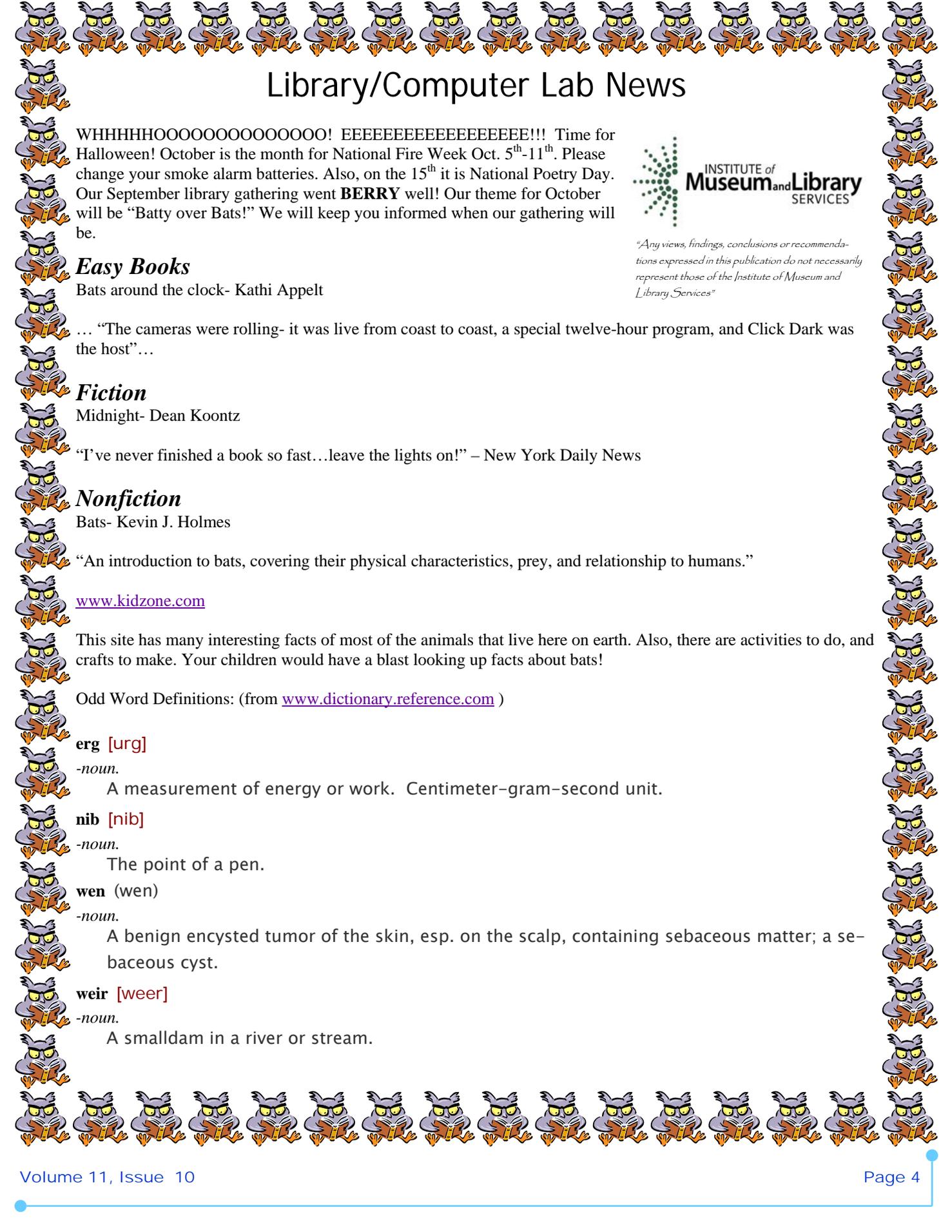
Overall, the SWAMC business workshop was a great opportunity to advance our greenhouse idea, and also to meet other entrepreneurs in the Bristol Bay area. Whether through the Alaska Marketplace Competition, or another source of funding, Igiugig will more than likely have a greenhouse next growing season. And I, having no excuse for fresh fruits and vegetables, will enjoy healthier eating habits...and maybe, just maybe, shed a few pounds!



SCHOOL PENNY DRIVE
By Molly Stoltman, 8th Grade, Igiugig School

The Igiugig School Student Government is excited to announce the beginning of our Penny Drive. Funds raised will be used for community beautification projects, including repainting the St. Nicholas Russian Orthodox Church. Though this is a penny drive, any and all forms of spare change will be greatly appreciated.

Thanks for your support!



Library/Computer Lab News

WHHHHHOOOOOOOOOOOOOOO! EEEEEEEEEEEEEEEEEEEE!!! Time for Halloween! October is the month for National Fire Week Oct. 5th-11th. Please change your smoke alarm batteries. Also, on the 15th it is National Poetry Day. Our September library gathering went **BERRY** well! Our theme for October will be "Batty over Bats!" We will keep you informed when our gathering will be.



"Any views, findings, conclusions or recommendations expressed in this publication do not necessarily represent those of the Institute of Museum and Library Services"

Easy Books

Bats around the clock- Kathi Appelt

... "The cameras were rolling- it was live from coast to coast, a special twelve-hour program, and Click Dark was the host"...

Fiction

Midnight- Dean Koontz

"I've never finished a book so fast...leave the lights on!" – New York Daily News

Nonfiction

Bats- Kevin J. Holmes

"An introduction to bats, covering their physical characteristics, prey, and relationship to humans."

www.kidzone.com

This site has many interesting facts of most of the animals that live here on earth. Also, there are activities to do, and crafts to make. Your children would have a blast looking up facts about bats!

Odd Word Definitions: (from www.dictionary.reference.com)

erg [urg]

-noun.

A measurement of energy or work. Centimeter-gram-second unit.

nib [nib]

-noun.

The point of a pen.

wen (wen)

-noun.

A benign encysted tumor of the skin, esp. on the scalp, containing sebaceous matter; a sebaceous cyst.

weir [weer]

-noun.

A small dam in a river or stream.

NEW VILLAGE GRANDCHILD

Annie and George Wilson also added a grandchild to the list of Igiugig's progeny since the writing of last issue articles for the "Igiugig News & Notes". Declan Phillip Baumgartner was born August 20, 2008. Proud parents are Phil and Georgette (Wilson) Baumgartner who currently live in the Anchorage area. He weighed in at 6 pounds and 15 ounces and 18 inches in length.



Sudoku

Answer can be found on page 9.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | | | 3 | | | | 6 | |
| | | 6 | 1 | | | 2 | | |
| 7 | | | | | | | | |
| 5 | | | 7 | | | | | |
| 4 | 2 | | | 9 | 3 | | 8 | |
| | 1 | | | 4 | | 3 | | |
| | | | 8 | | | 1 | | |
| | | 8 | | 7 | | | 9 | |
| | | | | | | | | 3 |

SUBSISTENCE BEAR HUNT

On Tuesday, September 23, 2008 Ralph Moore, Superintendent of Katmai National Park, held an informal informational meeting at the village council regarding the National Park Service permit applications for a brown bear subsistence hunt in Unit 9C. NPS is issuing 10 permits on a first-come first-serve basis for the communities of Levelock, Igiugig, Kokhanok, Naknek, and King Salmon.

There are handouts covering the rules and regulations involved in Unit 9C Brown Bear Federal Subsistence Hunt Area. If you are interested in hunting, the season is open from October 1 through May 31. At the council, you can pick up a Federal Subsistence Permit Application and view the color-coded map of Unit 9C.



WORD BUILDING

Use the following letters to make words in the slots provided.

WBRGNIE

- | | | |
|---------|----------|--------------|
| 1. □□□ | 11. □□□ | 24. □□□□ |
| 2. □□□ | 12. □□□ | 25. □□□□ |
| 3. □□□ | 13. □□□ | 26. □□□□ |
| 4. □□□ | 14. □□□ | 27. □□□□□ |
| 5. □□□ | 15. □□□□ | 28. □□□□□ |
| 6. □□□ | 16. □□□□ | 29. □□□□□ |
| 7. □□□ | 17. □□□□ | 30. □□□□□ |
| 8. □□□ | 18. □□□□ | 31. □□□□□ |
| 9. □□□ | 19. □□□□ | 32. □□□□□ |
| 10. □□□ | 20. □□□□ | 33. □□□□□ |
| | 21. □□□□ | 34. □□□□□□□□ |
| | 22. □□□□ | |
| | 23. □□□□ | |

Answers can be found on page 9.

Bits 'n Pieces

WHAT'S IN FOR HALLOWEEN?

Check out some of the cutes options online, just type in "kids Halloween costume" in one of the search boxes and you will get 10 or more pages of links trying to sell you the cutest thing you've ever seen.

Scope out the following selection, which just happened to pop up on the very first website we tried.



How fun is that?!

Fun Ways to Reuse Plastic Bags!

The next time you are about to throw out those plastic bags, remember these funs ideas!

- ◆ Use them as knee pads for gardening! Grab a few plastic bags and wrap them around your knees, your pants will be eternally grateful.
- ◆ Instant gloves. Don't want to pick up "gross" things with your bare hands? Use your plastics bags as gloves, turn inside out when removing and throw everything away at once.
- ◆ Preserve your paint brushes with a plastic bag. Mail plane lands in the middle of painting your kitchen? No problem, wrap your brush or roller in a plastic bag and it will stay ready for a day or so.
- ◆ Makeshift rain hat. Weather report calling for 40% chance of rain? Tuck a plastic bag into your backpack or berry picking bag and be prepared just in case.
- ◆ We all love an easy clean up! Instead of using the trash can or cutting board to peel fruit and veggies, lay out a plastic bag and peel into that. When you are done, there is no wiping involved, just pick up your entire bag, shake your scraps into your chicken bucket and dispose of your baggie.
- ◆ We do this at times already, but use colorful plastic bags as makeshift wrapping paper. Different colored bags can be used together to make a pretty presentation.

GARDENERS GOODIES

OCTOBER garden activities:

OCTOBER – Put your garden to bed, clean out debris, clean up your implements, and pick up the things that don't need to be out all winter. Get ready for snow!

OCTOBER – Mulch...if you added mulch during the summer, add a bit more now. It protects plant roots from being washed out by the rains and it will act as insulation, providing a warmer environment when the winter sets in. (Just 10' down stuff doesn't even freeze you know.)

OCTOBER – Enjoy the potato festivities, and consider whether you might want to add some “edibles” to your flower beds next year. Many plants that are actually vegetables look very nice in a flower bed for their greenery. Often they also are easier to grow than the flowers that we are trying so hard to keep beautiful all summer.

OCTOBER late – if you had a proliferation of marigolds, save the plants and dry them for next year. As you've probably noticed, they have a distinctly strong smell, which when dried can be crumbled up and sprinkled around things like cabbage and turnips to help keep worms and slugs from liking them so much. Meanwhile if you like the smell of marigold, it can make a very nice bag of potpourri for your dresser drawers or bathroom counter through the winter months. (This would be recycling don't you think? Or maybe it's better classified as “repurposed” since it will go from a flower to a freshener to bug bait!)



*What's blooming now?
Mostly just yellow flowers and seedpods (marigolds & potentilla)*

REMEMBER those Re's

**Reduce – Refuse – Reuse – Renew – Recycle – Remodel – Refurbish – Rebuild – Recharge –
Refill – Refinish – Repurpose – Recover – Reclaim
– Reload – Re...something.** Every time you “re-something” you are doing something that is good for yourself, your wallet, your neighbor, your village, your land and your planet!



On September 23, at 3:30 PM villagers gathered at the Community Potato Garden to dig in the mud. The rain did not stop these determined harvesters!

Above Left: Angel Alvarez proudly shows off the tiniest potato. Above Right: Elder Mary Olympic eagerly digs for potatoes to fill another five-gallon bucket of spuds.

Answers to WORD BUILDING (game on page 6)

GIN, NIB, NEW, IRE, WIG, WIN, WEN, WEB, ERG, RIG, RIB, BIG, BIN, BEG, GRIN, GREW, WING, WINE, WIRE, WEIR, WREN, RING, REIN, BIER, BRIG, BREW, WRING, REIGN, BINGE, BEGIN, BEING, BRING, BRINE, BREWING

Answers to SUDOKU (game on page 5)

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 5 | 1 | 3 | 2 | 4 | 7 | 6 | 8 |
| 8 | 4 | 6 | 1 | 5 | 7 | 2 | 3 | 9 |
| 7 | 3 | 2 | 6 | 8 | 9 | 4 | 1 | 5 |
| 5 | 8 | 3 | 7 | 1 | 6 | 9 | 2 | 4 |
| 4 | 2 | 7 | 5 | 9 | 3 | 6 | 8 | 1 |
| 6 | 1 | 9 | 2 | 4 | 8 | 3 | 5 | 7 |
| 2 | 9 | 4 | 8 | 3 | 5 | 1 | 7 | 6 |
| 3 | 6 | 8 | 4 | 7 | 1 | 5 | 9 | 2 |
| 1 | 7 | 5 | 9 | 6 | 2 | 8 | 4 | 3 |

Environmental Report

Contributed by the Igiugig Environmental Department.

Our first annual potato harvest was a success! Through wind and rain, mud and muck, 18 devoted community members showed up to dig up our first ever community potato garden. On September 23, we gathered 15 gallons of spuds! April and I have laid the potatoes out to harden and in early October we will deliver bags of potatoes to each household. We have yet to set dates for our 1st Annual Potato Festival, in celebrating our bountiful harvest. Next year we hope to add more vegetables to our harvest.

I just returned home from the Circuit Riders Training in Anchorage and learned how to upload our 2009 Workplan onto GAP Online, a program that hopes to have most of the IGAP recipients using by 2010. GAP Online offers a new way to communicate with our Project Officers and allows us to submit our reports online to EPA.

AlexAnna and I will be traveling to the Alaska Tribal Council on Environmental Management from October 26th to the 30th. This annual conference takes place in Anchorage and offers a wide variety of workshops and lectures on a broad range of environmental challenges in Alaska.

April continues to run the Can Crushers Club every Wednesday after school and has been doing a great job.





WALK TO BE FIT

Total **V**illage **M**ileage through May is 68,897

Take a trip and never leave (the village/house/rechall)

Walk with the intention to experience something new or different each time and you will feel like you've been somewhere special at the end of the day, even if you really didn't go anywhere in particular.

Hiking for health

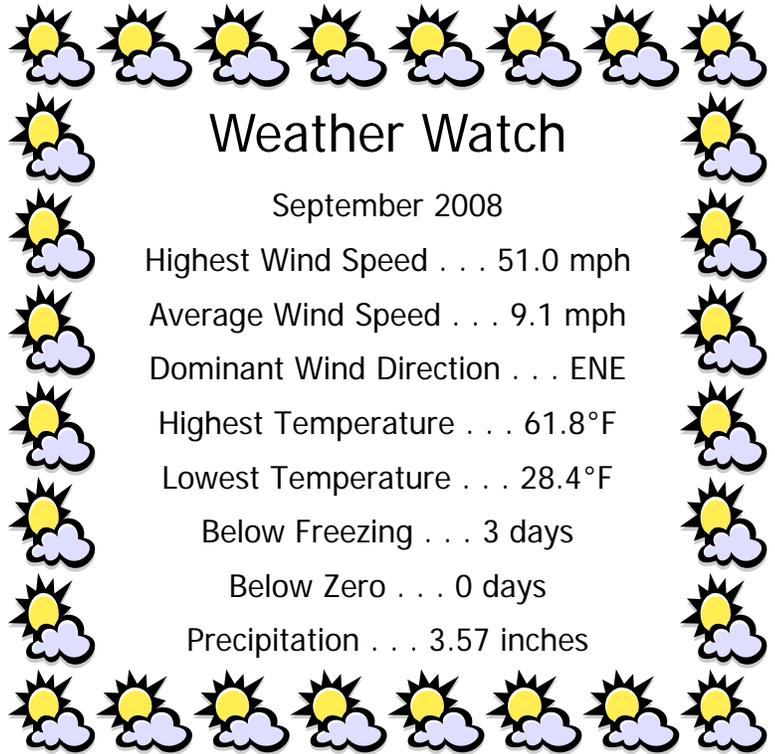
- ◇ Remember the treadmill – just because it's rainy, cold, windy, buggy, or otherwise not a good day there always is the option of walking indoors.
- ◇ Make your treadmill moments new and different each time by what you listen to en route—classical music, books on tape, an exercise video, or your favourite “oldies tunes”.
- ◇ Walk with a goal—on a treadmill it can be minutes, miles, or the length of a tape or CD. On a regular walk it can be to a place or for a set amount of times or until you fill your berry bucket (don't forget that berry picking is technically walking even if it is a bit slower than usual).
- ◇ Enjoy some company, either family or friends can make the time pass easily.
- ◇ Plan something for the far end of your walk like a picnic if you're walking outdoors, or a hot bath or nice steam if you're treadmilling.
- ◇ Get out and do it even if you only have a few minutes between things. It will make the time pass quickly, rev up your metabolism, and as an added benefit, reduce any stress you might be feeling.
- ◇ Ponder as you wonder. Walking is a wonderful time to think through problems that may be bothering you because you can be off by yourself without all the noise of daily life diverting your attention. If you set out on your walk intending to solve a dilemma, you just may come home with a solution.

Do just a little hiking daily—every little bit helps your health in the long run!

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Recipe Corner

Yummy Potato Soup

**In light of all the potato-picking in Igiugig!

INGREDIENTS:

8 slices of bacon
1 cup of onion
4 cups of water
1 celery and 1 carrot finely diced
5 cups peeled, chopped potatoes
4 tablespoons flour
2 cups of whipping cream
1 1/2 teaspoons salt
Milk to consistency
Pepper to taste

DIRECTIONS:

In a large saucepan, cook bacon until crisp. Remove bacon, and set aside. Drain all but 3 tablespoons bacon fat from the pan.
Brown onions in bacon fat over medium heat.
In a soup pan, add potatoes and water. Cook until potatoes are tender, about 15 minutes.
Add onion, celery, carrot, salt, and pepper. Add whipping cream, milk, and flour. Stir together. Heat, but do not boil. Crumble bacon; stir in just before serving soup. Sprinkle on grated cheddar cheese to garnish. Enjoy!