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Birthdays This Month:

- August 4th Jackie Wassillie
- August 18th Susie Decker



Igiugig News and Notes

Issue 7

July 2011

Volume 14

INDEPENDENCE DAY by Tanya Jo Salmon

Delicious food, great company, fireworks, & even a live band dance were all part of the gathering that occurred on July 4th. This year's festivities differed from previous years by the fact that the annual picnic was held at the school gym instead of the beach.

The plan of attack was to have the picnic begin at 4 PM. However, we were running on "village time" & the real party didn't begin until a little after 5 when Denaina Air landed with visitors, & most importantly, live band dance players: Josh, Laura, & George Jr. Jacko, Steve Willis, Virgil Neketa, & Allison Reese. Once they arrived, community members eagerly went to work cooking fish, hotdogs, & burgers.

While the food sizzled on the grill, the New Stu Dancers (Dennis & Bobby Andrew, Alexie & Zackary Gust, & Natalia Wassillie) sang several Yup'ik songs while volunteers Yuraq'ed (Native Dancing). One of the performances was the "Salmon Dance," which holds strong traditional ties to Igiugig. When Mary Olympic was a little girl, she remembered watching her elders



Continued on pg. 3

Administrative Update by AlexAnna Salmon



I have logged long hours throughout the month of July. In addition to day-to-day duties, we have endured:

- A 5-year Sanitary Survey of our Public Water System. An inspection of our wastewater lagoon and lift stations, and landfill.
- A public meeting for the Airforce Clean-up Job on Big Mountain.
- A visit by the Alaska Energy Authority to inspect the new generator project progress, and look at 10 potential sites for the future river in-stream energy conversion device.
- The completion of High Ridge Road Phase I

and site development for the new VPSO home.

On Paperwork Mountain, this month I've worked on IVC's indirect cost proposal, updating our Bulk Fuel Farm Facility Response Plan, signing Cooperative Project Agreements for our Water Treatment Upgrade, acquiring the easement for Igiugig Barge Landing Road, preparing for Igiugig Native Corporations' 14(c) land survey, preparing pre-award requirements for High Ridge Road Phase II, and solving the Igiugig Clinic Well problem so that we can open the new clinic.

I also made time for some fun this month. We enjoyed a fantastic Fourth of July celebration thank you to our visiting guests from Nunamta Aulukestai and the live band sponsored by De-na'ina Air Taxi. Through the help of visiting in-laws I have cases of canned half-smoked and regular salmon, frozen fillets of fish, and even saluunaq (salt fish). I am ready for the upcoming month-long "maternity leave" to Anchorage where I will continue working long-distance until our baby arrives around August 18th. April Hostetter will keep my office open while I'm out. She will work about 5 hours a day and her job is to relay messages, forward faxes, emails, phone calls, and "other duties as assigned".

I have a new fax machine number: 1-888-663-8385 for any paperwork you want me to receive directly and my cell # is (907) 360-3116 for any work-related phone calls.



Igiugig residents were quite surprised to see a beluga whale hanging out in the river. Beluga rarely make an appearance this far upstream. This guy (above) hung out for over a week before he decided to head back to the Bay.

Independence Day *continued from pg. 1*

dance the sacred dance that was performed every year when the salmon returned. Mary was the only person who remembered the dance & with the help of Alexie Gust who recomposed it & Natalia Wassillie who learned it & helped explain it, was able to teach it to the youth of Igiugig.

Once the food was ready, people didn't need to be told twice to dig in! Fried bread, salmon dishes, agutak, cakes & pies, & even a salad made by all fresh ingredients from the green house were consumed by all. Once everybody was done eating, the dancing began! Everybody had a great time dancing, watching others get their "two step on," & visiting one another. One of the favorite dances by far was the broom dance. Spectators & dancers had a great time laughing & dancing the silly dance. By 10:30 the dance was over with, the music instruments put away, & the crowd faced the hordes of bugs & quickly made their way to the beach.

A fire was made at the beach while the children ran straight to the water. Although the sun doesn't go completely down, that didn't stop us from lighting fireworks. As the rockets glared & bursted in air, Terek was busy taking adults on thrilling snow machine rides in the lake & river (a first for many). Sounds of the snow machine, laughter, & screaming echoed through the village as they cruised on water. By 11:30 we were saying good-bye to our company who had to return to Anchorage. Once they left, a majority of the crowd went back to the beach to visit around the fire & to watch the kids play in the water. It was then that a group of kids (& Jackie, Tanya, & Stacie) thought it would be a great idea to jump off the barge to end their busy day. So at 12:30 AM, 7 folks jumped off the barge & 6 continued floating down river to the Sport's Access Trail where Amara was waiting for them in a warm truck.

A big thanks to the New Stu dancers for taking the time to teach the songs to the locals, to the Live Band players for their music, for Nunumta who went through the work getting the New Stu dancers & the Live Band players to come to Igiugig, Lake & Peninsula School District for allowing us to use the gym, Josh & Laura for providing fireworks & transportation, everybody who played in the band & the New Stu Dancers, volunteers who helped cook, set up, & clean, & for Betsy Hostetter who cleaned out the gym after the festivities. QUAYANA!



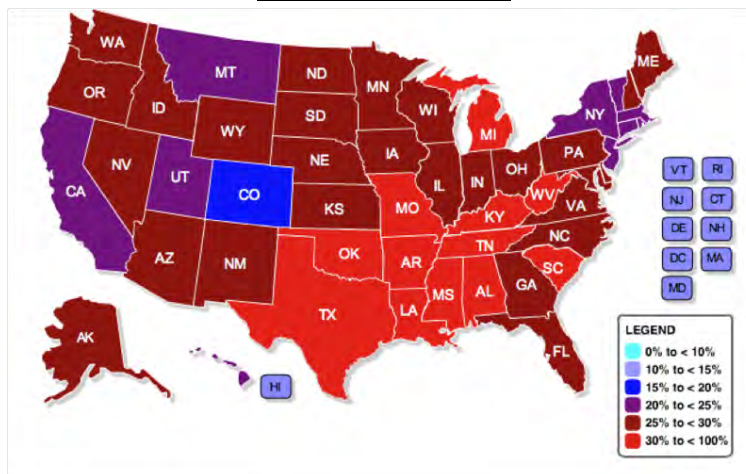
WALK TO BE FIT...

America Receives Another "F" as in Fat

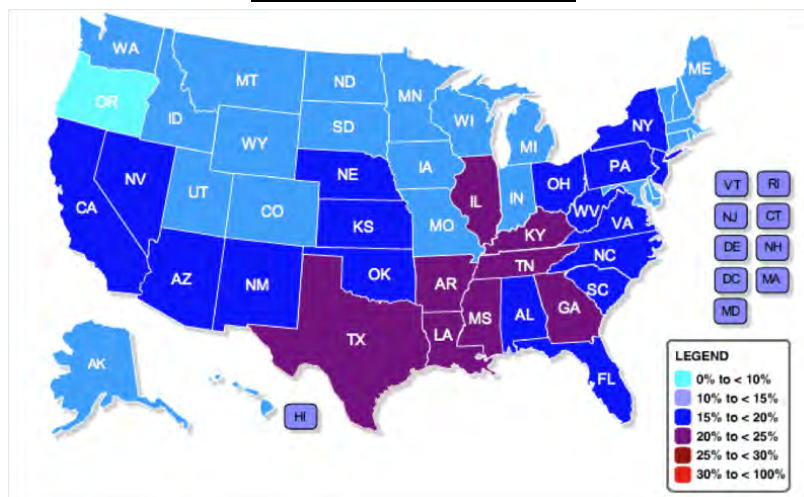
A year has passed since the last "F as in Fat: How Obesity Threatens America's Future" report was published, but still America continues to pile on the pounds. The report, from the Trust for America's Health (TFAH) and the Robert Wood Johnson Foundation (RWJF) revealed that 16 states have experienced increases in their adult obesity rates. Once again, the South took the brunt of the obesity epidemic, with Mississippi having the highest prevalence of adult obesity for the seventh year in a row. Across racial and economic divides, ethnic minorities, particularly black Americans, and Americans with less education and lower incomes had the highest rates of adult obesity.

For the first time, the report compared obesity rates over the last two decades. Twenty years ago, no state had an obesity rate over 15 percent, but now, only one state (Colorado) is under 20 percent, and 38 states have surpassed 25 percent.

Adult Obesity Rates



Childhood Obesity Rates



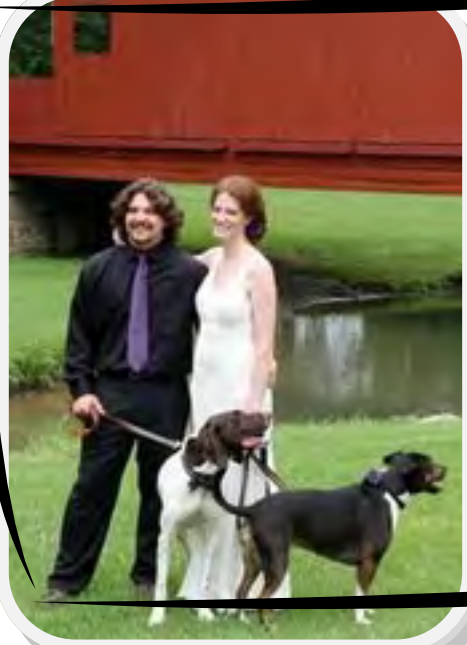


Environmental Report by Christina Salmon

With fall creeping around the corner, we have been shipping out as much "junk" as we can. Thanks to the help of Glenn Diaz we have been able to backhaul two totes of lead acid batteries and a tote of electronics, greatly lightening the load of clutter in our hangar. April made new signs for sorting our recyclables. When you come into the Hangar, please look for the appropriate spots for, aluminum, glass, plastic, cardboard and batteries. People placing the items in the proper place will help keep our recycling area clean.

I was invited to sit on the Alaska Tribal Council on Environmental Management (ATCEM) Planning Committee again. So, along with monthly teleconference calls, I also have sub-committee meetings, so, Tanya gets to hear me sigh in the office, "Longest teleconference ever!" Which I apparently say after every one. ATCEM will take place November 7th to the 12th at the Hilton Hotel in Anchorage.

Lodge cooperation with our landfill protocol has been impressive this season. We really appreciate them taking the time to follow our recycling regulations. Although they seem tedious, it is for the benefit of our entire region and world!



Congratulations to Andrew & Katy who were married on June 11th





By Tanya Jo Salmon

Summer is over, fall is quickly approaching, & school season is about to begin. It is that time of the year to start ordering school supplies, new clothes, & getting your school kids on a schedule. Growing up, my dad would claim that the First Day of School was his favorite holiday. I couldn't understand WHY he was so thrilled to have us back in school. Couldn't he be happy for us? Didn't he know that we DESERVED this much needed summer vacation? Here are a few pointers for parents to make the transition from summer vacation to school mode a bit easier for everybody.

Establish a bedtime & mealtime routine. Plan to establish a bedtime & mealtime routine (especially breakfast) at least 1 week before school starts. Talk to your child(ren) about the benefits of school routines in terms of not becoming over tired or overwhelmed by school work & activities. Include pre-bedtime reading & household chores if these were suspended during the summer. Children function better on a well-known routine!

Turn off the TV (yes, that includes video games). Encourage your child(ren) to play quiet games, do puzzles, flash cards, or read as early morning activities instead of watching TV. This will help ease your child(ren) into the learning process & school routine. If possible, continue this practice throughout the school year. Television is distracting for many children & your child will arrive at school better prepared to learn each morning if he or she is engaged in less passive activities.

Designate & clear a place to do homework. Older children should have the option of studying in their room or a quiet area. Younger children usually need an area set aside in the family room or kitchen to facilitate adult monitoring, supervision, & encouragement. Be prepared to help your child(ren) with their work or to look over their finished homework assignments. Doing so will let your child(ren) know that you are interested & involved in their education

& the importance of completing their school work neatly (the teachers will also really appreciate this extra effort on your part).

Create a homework schedule & consequences if your child(ren) doesn't follow them. Work with your child(ren) to create a homework schedule. Homework time should be as distraction free as possible with ample time for homework. Make sure your child(ren) follow their schedule, which will result in homework being completed in a timely manner. If they aren't followed, have rules such as, no TV for a few days for incomplete homework.

Select a spot to keep backpacks & other school related items. Designating a spot for your child(ren) to put their school supplies means less time searching for their work, which helps them make it to school on time! Also have a place for your child(ren) to put important notices, notes, & other information from their teachers so you can keep updated on their current happenings at school. Explain to your child(ren) that emptying their backpacks each evening is part of their responsibility, even for young children. This will help them take responsibility for their education.

I hope these pointers will allow for an easier transition from summer vacation to school mode for both you & your child(ren). Remember, the No-seesums are planning a school trip to the Red Woods & all school children are scheduled to go, unless they lose their traveling privileges. We would hate to see any kids left behind for something that could have been easily prevented! Enjoy the new school year!

For more information, tips, or other ideas, check out these websites:

http://www.nasponline.org/resources/home_school/bzshandout.aspx

<http://www.aap.org/advocacy/releases/augschool.cfm>

ANNOUNCEMENTS

Thanks to Matt & his handy little helpers, the hangar Recycling center has been neatly organized. We would like to keep it well maintained & clutter free! So remember to separate #1 plastics, aluminum cans, glass, food scraps, & cardboard. Signs have been hung around the hangar directing you where to dispose of your trash. Properly segregating your trash will help keep the cost of dump fees down. Thank you for your cooperation & understanding!



- The Village Council is accepting applications (& donations) for the Dan Salmon Scholarship Fund. Stop by the Office to pick up an application or e-mail Tanya at tjsalmon@hotmail.com & she can send you a copy online.
- Interested in having an **article or picture(s)** published? **Please submit an article or photos to Tanya.** A variety of authors always make the newsletter a more interesting read!

Turn Out The Lights

It's a simple task. When you leave any public building, please turn out the lights behind you. Even if you plan on returning later. The next time you look at your light bill and start to complain about the cost of it, remember that we can't keep electric bills down when you keep public lights on! We can only help you if you help yourself!

Vehicle Parking Notice

- If you are leaving on a flight, please park on the sides or back (North Side) of the hangar.
- If you are at the airport working, doing business, garbage, etc., & need to stop in front of the hangar (South side) **please park within 30' of the building.**
- **DO NOT** leave your vehicle out on the tarmac where airplanes need to taxi, park, or unload & **DO NOT** park right in front of the hangar doors, or office door. Thanks!

Eggs for Sale

Our fresh chicken eggs are for sale! \$4 per dozen, free for local elders. The eggs are in the hangar refrigerator. Please pay in the office & don't forget to return your cartons!

Bits 'n Pieces

Need Recycling Tips?

Then just check out some of the new “Forever” stamps!



Rumor has it that the U.S. Postal Service will not be continuing to print stamps for the new rates each time there is a change. They are making all their new 1st class stamps “Forever Stamps”.

Sometimes good tips come from the strangest places!

Clinic News by Stacie Garrison

The walking program has picked up a few more members to join the ranks! Tanya Salmon won the first prize due to her commitment of wearing her pedometer and logging her daily steps. Dan Decker Jr. also has won a prize with the most steps (71639) for that week. Keep up the good work!

It was a sad day to see Laura and Don Mulligan leave, but I wish them the best back in Fairbanks and hope they will come back to visit! I am happy that I got to work with Laura – she was always fun to be around and I learned a great deal from her! Don and his handyman work will be greatly missed as well. Both have such cheerful personalities, it was hard to watch them get on the plane to head back to Fairbanks. Good luck Laura and Don!



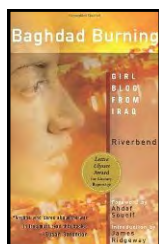
LOOKING FOR MOOSE PERMITS? THEN STOP BY THE OFFICE TO SEE TANYA SALMON & SHE WILL HAPPILY ASSIST YOU. MOOSE HUNTING SEASON IS OPEN FROM SEPTEMBER 1ST-20TH & AGAIN FROM DECEMBER 1ST-31ST.

Library/Computer News by April Hostetter

Month of June was very, very slow concerning the library. However we have been logging in new books, most of which focus on Alaskan subjects. All of the Battle of the Books have been received and logged in, so if you're in K-12 stop by the library and start preparing for battle! The Summer Reading Club has been slower than years past. Currently we have not even reached 1300 books. Our goal to have a Banana Split party is at 2000 books, so PLEASE, please read to your children so we can earn a Banana Split Party! We will earn a BBQ at 1500 books.

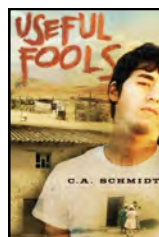
Just to remind everyone, the library opens Monday-Friday from 11:00am to 12:00pm and 6:00 to 7:00pm and from 11:00 to 12:00 on Saturdays, so please stop by, we always welcome visitors!

Some new books we have on the shelves:



Baghdad Burning

"In August 2003 a young Iraqi blogger began reporting her experiences as a civilian observer in Baghdad. Calling herself Riverbend, she has offered searing eyewitness accounts of daily life in the war zone and has garnered a worldwide audience hungry for unfiltered news and fresh analysis." "Riverbend's blog, Baghdad Burning, collected here for the first time, responds to events both personal and political - from the impact on her family of the invasion's aftermath to the Abu Ghraib prison abuses. She reveals for us most sharply the fate of Iraqi women, whose rights and freedoms are falling victim to rising fundamentalisms." "Describing the reality of regime change in Iraq in a voice at turns outraged, witty, and deeply moving, Riverbend is a witness to the recent events that are shaping the future of her homeland."



Useful Fools

Alonso, a dirt-poor teenager living in Peru, helps out at the public health clinic his mother, Magdalena, opened, so that he can see Rosa, the beautiful and wealthy daughter of the clinic's doctor. Alonso and Rosa are both shattered when Magdalena is assassinated by a revolutionary terrorist organization. Left with no hope, Alonso might be seduced into becoming a guerrilla in the same organization that killed his mother. Rosa becomes disgusted with her father's complacency and leaves wealth and safety behind to somehow help what is left of Alonso's family. In this coming-of-age novel, C. A. Schmidt tells the story of how love can find its way through poverty

and war.



The No. 1 Ladies' Detective Agency

Wayward daughters. Missing Husbands. Philandering partners. Curious conmen. If you've got a problem, and no one else can help you, then pay a visit to Precious Ramotswe, Botswana's only - and finest - female private detective. Her methods may not be conventional, and her manner not exactly Miss Marple, but she's got warmth, wit and canny intuition on her side, not to mention Mr J.L.B. Matekoni, the charming proprietor of Tlokweng Road Speedy Motors. And Precious is going to need them all as she sets out on the trail of a missing child, a case that tumbles our heroine into a hotbed of strange situations and more than a little danger . . .



Trickster

All cultures have tales of the trickster—a crafty creature or being who uses cunning to get food, steal precious possessions, or simply cause mischief. He disrupts the order of things, often humiliating others and sometimes himself. In Native American traditions, the trickster takes many forms, from coyote or rabbit to raccoon or raven. The first graphic anthology of Native American trickster tales, *Trickster* brings together Native American folklore and the world of comics.

In *Trickster* more than twenty Native American tales are cleverly adapted into comic form. Each story is written by a different Native American storyteller who worked closely with a selected illustrator, a combination that gives each tale a unique and powerful voice and look. Ranging from serious and dramatic to funny and sometimes downright fiendish, these tales bring tricksters back into popular culture in a very vivid form. From an ego-driven social misstep in "Coyote and the Pebbles" to the hijinks of "How Wildcat Caught a Turkey" and the hilarity of "Rabbit's Choctaw Tail Tale," *Trickster* provides entertainment for readers of all ages and backgrounds.



"Any views, findings, conclusions or recommendations expressed in this publication do not necessarily represent those of the Institute of Museum and Library Services."



See all the bugs? That's why we're the No-See-Ums!



Fishing boats making their return up the Kvichak.



Fewnia, Willy, & Dolly Ann @ a birthday party.



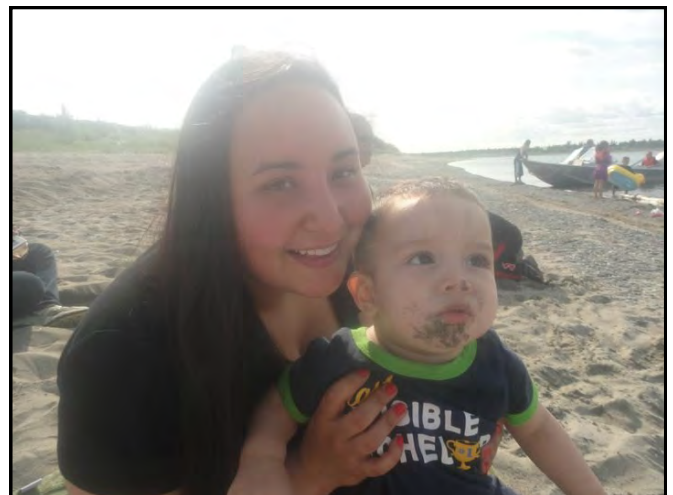
Kaleb proudly showing off his Rainbow.



Shealayla bravely jumping off the barge.



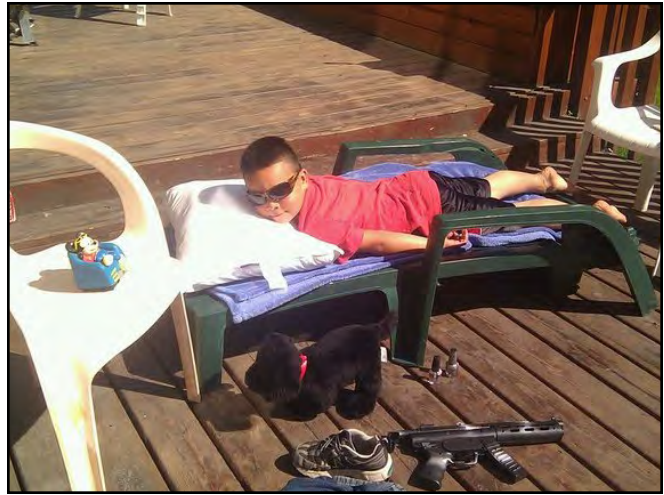
Stacie, Bobby, Gordon, & Tony by the Bluffs.



Christina & Cole @ the beach



Keilan & a friend monkey-ing around in Hawaii.



Aiden catching sun rays in Anchorage.



Stacie, Avery, & Danni "sleeping."



Sheryl feeding kangaroos in Australia.



April, Gordy, & Bobby cruising on the Lake.



Tess & Flicker on the Kvichak.



Dancing to the Salmon Song.



Timberlyn, Kaleb, Zack, & Kaylee enjoying their evening fire.



Mary & Annie getting their yuraq on.



Josh playing the drums.



Sheryl & Stacie crossing the Lagoon Creek.



R to L: Allison, Laura, Steve, Virgil, George Jr., & Josh warming up!



Amara & Josie push Cole in his ducky tub.



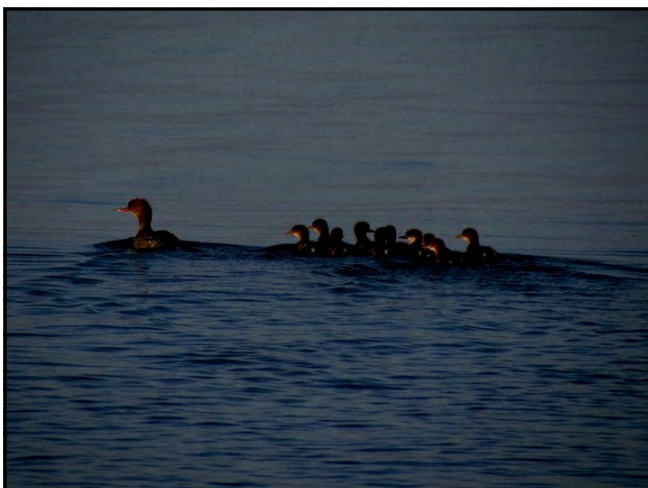
The kids having a "killer" time @ the beach.



The outside of the completed generator building.



The new generators are turned on & powering the village



A busy momma duck with her ducklings.



Avery & her cousin Kadin Mann.

Igiugig Village Council

AlexAnna Salmon, President
Randy Alvarez, Vice President
Dallia Andrew, Member
Christina Salmon, Member
Mary Olympic, Member
AlexAnna Salmon, Interim Village Administrator
Sandy Alvarez, Director of Accounting & Finance
Christina Salmon, Environmental Director
Tanya Salmon, Social Services Director
Betsy Hostetter, Library Director
Dan Decker Sr., VPSO & Fire Chief
Tanya Salmon, Newsletter Editor

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www.igiugig.com



First Class Mail

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Front Page Photo Credit: April Hostetter
Moon rising over Big Mountain.
Back Page Photo Credit: April Hostetter
Lone flower.

Igiugig Tribal Village Council Newsletter