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### Birthday's This Month:

- October 19th  
Kannon Lee
- October 27th  
Dallia Andrew
- October 31st  
Yako Nickoli
- November 8th  
Julie Salmon
- November 8th  
Stacie Garrison
- November 13th  
Kaylee Hill
- November 21st  
Mary Olympic
- November 29th  
Shealayla Nelson



# Igiugig News and Notes

Issue 6

September/October 2013

Volume 16

## CROSS COUNTRY by Fewnia Zharoff, 8th grade

This year I was able to travel for sports, since I'm in the eighth grade. We started out with Cross Country. For the beginning of practice we began with yoga for a couple of days. Then we ran around the airport a couple times. After that we ran to Sandy's and back through Charlie's and back to the school. It started to become a little bit harder because we had to run on the beach where there was sand.

Then on September 18<sup>th</sup> we flew to Newhalen because the Cross Country Race was going to be there. Around 1p.m we got there. A couple hours after we got there we walked the course. I was thinking, "This is so long I don't think I'm going to be able to do this."

After we walked the course we had dinner. Then we played an icebreaker, afterwards, we set up for Riflery. Riflery was okay but the first time I shot I smashed my finger in the pumping thing. After that we got ready for bed.

The next morning we all got up and ate breakfast. After breakfast we listen to this trooper talking about Initiative. I thought it was kind of unexciting and not really interesting.

I didn't really pay attention to Initiative because my brain cells were too nervous for the race to start. It was starting soon, but it seemed like it was taking forever. Then our coach said that it was

Continued on pg. 3

# The 4 1 1 In The 5 3 3

By AlexAnna Salmon

IVC had many visitors as summer segued into fall. The first was an assessor from USDA to conduct a vulnerability analysis and certify our Priority Measures Plan for the Water Treatment Plant. Then, Corey Arnold, a photographer and journalist with Outside Magazine, and his companion Eugenie a blogger for Modern Farmer, visited our greenhouse. The Alaska Department of Transportations' new Southwest area planner and leasing specialists visited to see first-hand the airport improvements needed in Igiugig. Tim Troll and his team stopped in for three weeks to conduct fish surveys in the area. Nanginaaq Productions completed documentary filming of elder Mary Olympic, during which time I had the opportunity to fly to Kukaklek Lake and listen to stories about my grandmother. For this project, I owe an enormous thank you to Royal Wolf Lodge c/o Chris and Linda Branham, and also Tim Troll for providing modes of transportation for our group. At the same time, we had filmers from Earth Justice visit Igiugig to interview council members on our sustainability efforts and renewable energy projects. Needless to say, if we do not see cameras for a long time that would be good.

I also survived another birthday season in our household. Fewnia and Dolly Ann turned 13 and 14 (oh my!) and then we celebrated Erika (2) and Jem (3) together in August. On August 11, a planeload of Igiugig folks flew to Newhalen for Cindy and Gerald Andrew's wedding. It was beautiful and I'm so happy for my cousin and former babysitter.

For the first time I attended the Pebble Limited Partnership's Elder Forum in Anchorage. There were approximately 210 people total, including 18 youth that escorted elders. I was impressed at the care our Bristol Bay elders received both traveling to, and during the conference. There were even Yup'ik translators, with headphone sets for elders that needed them. The two translators were Melvin Andrew and Dan Nanalook Jr. PLP began the forum when approached by elders to form an Elders Advisory Committee. The committee is comprised of 10 representatives of each sub-region, with two selected by Mr. Shively at-large. The Elder Advisory Committee has met with PLP management, toured a mine, attended the Alaska Miner's Conference, and attended all Keystone sessions. The focus of the Elders Advisory Committee was primarily for subsistence, however, PLP quickly learned that the elders are equally concerned about jobs for the next generation. So now they encompass three major topics: subsistence, workforce development, and reporting back to the region.

The group of Igiugig elders and I listened to presentations on a variety of topics, including an introduction from each of the Community Associates working in the region, an update on the petition to list Iliamna Seals as endangered, and "The Economics of Pebble" a report prepared by IHS Global Insight. "Pebble means more than minerals," there will be 3,450 construction jobs during the first 5 years and 2,090 production jobs +/- 20 years. These will be significant salaries, with an average of \$75k for the construction field, and \$100k for the production field. CEO John Shively presented that the mine could more than double Alaska mining tax revenue. Revenue from Pebble to the State could multiply up to six-fold once production is underway, and could contribute to the Permanent Fund. It could also increase revenues to the Lake and Peninsula Borough by more than 600%, from \$4.2M to \$29M. I enjoyed elder Carl Jensen's humor and wisdom when he spoke: "It's human nature to want more, whatever it is...I appreciate Pebble allowing us to get together today...I feel like my opinion about Pebble's operation doesn't really affect anyone. We are all individuals whether we get together in a group or not."

Back at the office, post-conference and family vacation, our team was able to submit grant applications to USDA-RD-RUS for the purposed of repairing the Bulk Fuel Farm, to Alaska Housing Finance Corporation to build a duplex designated for teacher, health and safety professionals, and to the Pebble Fund to assist with the duplex. We also attended a BBNC Shareholder Informational meeting on September 6.

So with that you have the latest report, a nice balance of administrative work and free time.

XC *continued from pg. 1*

time for us to start warming up. We stretched a little bit and went for a quick run.

After that it was time for the race to start. The girls went first and there were nine of us. So Ed Lester lined us up at the top of the hill and counted down from ten. When he reached one, he blew a whistle for us to go. We started running the race and we were all going down hill so everybody was pretty fast. Then on the road I paced myself so I wouldn't have to be stopping every time I got tired.

I was doing alright until the half way point where a girl passed me by. I looked to see if anybody was behind me and I saw this one girl who wasn't too far back. I wasn't going to let anybody else pass me so I kept my pace.

I felt so exhausted and couldn't breathe. My legs felt like they were about to give up. But I kept going till I got to the finish line. I got in fourth place. I could have gone to the regionals if I was in 9<sup>th</sup> grade.

Next year I'm going to join Cross Country and try and do my best again. I thought it wasn't going to be that fun joining Cross Country but I guess I was wrong. It was a good start of sports for me.

Congratulations Fewnia for placing 4th & Tess for placing 2nd. Excellent job girls!



Left: Tess completed the race in 2nd place.

Middle: Fewnia running to the line to take 4th.

Right: Lukas striding to the finish to take 3rd place in the boys race. Although he isn't going to school here this year, I thought he ought to be included!

"Racing teaches us to challenge ourselves. It teaches us to push beyond where we thought we could go. It helps us to find out what we are made of. This is what we do. This is what it's all about."

-PattiSue Plumer, U.S. Olympian

## Battle of the Books

by Dolly Zharoff, 9th grade

Last year Battle of the Books was fun. My teammates were Kaleb and Fewnia, our coach was AlexAnna Salmon, and she was a great coach.

In Battle of the Books you have to read all of the books that are assigned to you and memorize lots of facts about the book. AlexAnna had awesome ways of getting our brain to remember authors and titles of books. Alex made fun games like jeopardy, flash cards and bingo sheets and many questions; my favorite game was jeopardy and the flashcards.

When I was in elementary BOB was my favorite event during the school year. I thought it was super fun getting to interact with other students around the district, competing in battle of the books. When we did BOB then, we used a telephone, but last year, we used Skype.

I really like books. Mostly, the battle books are not interesting to me. The couple I have read I liked. Especially Divergent by Veronica Roth, it was really interesting and every page I turned, I would get excited for what will happen next.

Battle Books is coming up soon. Many of the students are already reading their books. We are in need of coaches. So Volunteer!



## The Chicken

by Rylee Olympic, 5th grade

This year has been a fun year at my house. This is my first time having lots of animals, like 80 rabbits, 15 chickens, 2 pigs and 3 dogs. I have seen a lot of new things with all these animals around. One strange thing is this one chicken that is so entertaining and funny!

Over at our house there is the biggest yellow chicken that is sitting on a golf ball and not laying at all. So each day we have to go over and get the eggs. She growls at us when we come near her. Yeah I said growls. Sometimes she moves, so we have to check under her to see if there is an egg. She pecks at you if she gets the chance, and if you take the golf ball, she will peck at the golf ball. So you just throw it back. She also has no feathers under her belly. I saw it once and her skin was pink and looked like a roll of fat and was disgusting.

So if you want to see a chicken growl come over and see for yourself. Oh and talking about chickens don't forget that we have eggs for sale and rabbits alive and dead.

## Igiugig World Series

by Kaleb Hill 6th grade

The Igiugig World Series is going to be great. The students have been practicing for a while on these sunny fall days. The field used to be our old dump until the village counsel cleaned it up and turned it into a baseball field. Anyway back to the game. There will be two teams fighting for the Igiugig World Series Cup, they are the Igiugig Cardinals and the Kvichak Red Socks. This year the Igiugig Cardinals have drafted Walt Gooden, Rylee Olympic, Rhiana Olympic, Keilan Wassllie, Loretta Peterson, and Tess Hosteter. The Kvichak Red Socks have drafted Ella Gooden, Kaleb Hill, Aiden Wassllie, Kaylee Hill, Dolly Zharoff, and Fewnia Zharoff. The blood has been boiling all season between these two teams. Who will bring home The Gauging World Series Cup? The game will begin on October 15<sup>th</sup>; there will be hot dogs, chips soda, and peanuts and cracker jacks.

# ANNOUNCEMENTS

## Important Dates:

- 10/15/13– Igiugig World Series @ the Ball Field
- 10/16-17- School Pictures
- 10/22-25- Teacher Inservice, NO SCHOOL
- 10/31/13– Halloween party at the school.
- 11/16/13- Igiugig Native Corporation Meeting @ the Hangar @ 12:30 PM



## RABBITS FOR SALE

Nunez family has rabbits for sale. Great as pets or for eating.  
 \$30 for a rabbit  
 \$35 for a rabbit skinned & gutted.  
 If you have any questions, please contact the Nunez family.

*Remember, we RECYCLE! Please separate #1 plastics, aluminum cans, glass, & food scraps! Signs are placed around the hangar directing you where to dispose your trash. Please be courteous in disposing of your trash properly. Thank you for your cooperation & understanding!*

Have interesting news, an article, or pictures that you want in the newsletter? Please e-mail them to Tanya at tjsalm-on@hotmail.com. If you need help with downloading photos, then feel free to come up to the office so that she can help you! Having a variety of pictures & authors always makes for a more interesting newsletter! Thanks!



The Igiugig Student Government is selling new items at the gift shop! The items include:

\*Long-sleeved shirts \$30.00

Colors: Black, Gray, and Maroon S-XL

\*Baseball hats \$20.00  
 Colors: Black and Ma-

roon

\*Zip-up hooded sweaters \$50.00

Colors: Black and Gray sizes from S-XL

\*Additional pull over sweaters along with Youth sizes of Orange

Youth size s-XL

If interested call the Igiugig Village Council during normal business hours of 830 am to 430 pm M-f excluding holidays. The Price of shipping will be a flat rate box depending on the amount of your order.

If you see kids/adults throwing trash on the ground, please confront them! We have seen an increase in trash around the village. Please respect our community & clean up after yourselves/children!



## Turn Out The Lights

It's a simple task. When you leave any public building, please turn out the lights behind you. Even if you plan on returning later. The next time you look at your light bill and start to complain about the cost of it, remember that we can't keep electric bills down when you keep public lights on! We can only help you if you help yourself!



## Kale, The Super Man of Health Foods by Kaleb Hill 6th grade

Kale is a super food and it is growing right here in Igiugig. It is full of a lot of good nutrients. All kinds really, but why fill this page up with words like riboflavin? Celtic people in 600 B.C. were eating this stuff. Celts are tough and one thing that made them tough was Kale.

The high school planted Kale last Spring in the downtown garden. Tess took care of the garden over the Summer. She watered it and spent quality time with the plants including Kale!

The Kale grew big and strong. We harvested the Kale and Betsy's elective cooking class made Kale chips. They mixed the Kale with oil and spices and baked them at a low temperature. They came out tasting like potato chips, but better because they were locally grown and made by Igiugig No-See-Ums instead of a factory potato worker from Idaho who hates their life and job.

The chips were good. Celtic good. The chips were crunchy. Oh yeh, in the garden we also planted potatoes, lettuce, mustard greens, and radishes.



Top Left: Aiden busy picking from the student garden plot. Middle: Shealayla "sampling" the potatoes. Top Right: Kaleb shows off the delicious kale. Bottom Left: Shea preps the kale to make chips. Bottom Right: Rhiana taking a break from making kale chips.

## **Kannon's Korner** by Kannon Lee

Hello all,

Like many of you, I have been listening to news sources and reading up on materials pertaining to the Affordable Care Act, A.K.A. Obamacare. Here is information regarding the Act and how it affects Alaska Natives. Education on the matter is the best form of understanding how this Act will affect our lives. The Igiugig Clinic, BBAHC, and ANTHC will have more materials available, I am sure, to assist in the process. The following information was obtained from the ANTHC website:

### **The Affordable Care Act & You**

Beginning January 1, 2014, every American must demonstrate health care coverage under the Affordable Care Act, but there are special exemptions that apply to Alaska Native and American Indian people. The landscape of health care insurance is changing quickly. Here is what Alaska Native and American Indian people around Alaska need to know.

### **What is the Affordable Care Act?**

In March 2010, President Obama signed comprehensive health reform, the Patient Protection and Affordable Care Act (ACA), into law. The law makes preventive care more accessible and affordable for many Americans. While some provisions of the law have already taken effect, many more provisions will be implemented in the coming years.

One of the biggest pieces of the ACA is the requirement that most Americans have health care coverage. If you don't have health care coverage for you and your family, you could be assessed a tax penalty.

You may have heard the term "Individual Mandate."

In 2014, Health Insurance Marketplaces will be a new way to find health coverage. On the Marketplaces, some people may be eligible for lower costs on monthly premiums and out-of-pocket costs (such as co-pays and deductibles) based on their income.

### **The Affordable Care Act and Alaska Native People**

Alaska Native and American Indian people are exempt from the requirement to purchase insurance if they can show evidence of:

- Enrollment in a federally recognized Tribe,
- Alaska Native Claims Settlement Act (ANCSA) shareholder status (village or regional) or
- Eligibility to receive services from an Indian Health Service (IHS) facility/Tribal health care provider.

To qualify for this exemption, Alaska Native and American Indian people will have to apply for the exemption at [www.healthcare.gov](http://www.healthcare.gov) or through a paper application process. There may be a requirement to send a copy of your Tribal enrollment card, Certificate of Indian Blood (CIB) card or other supporting documents. Please do not send the original as it will not be returned to you.

Q: What if I already have health care coverage?

A: If you have health care coverage through Medicaid, Medicare, Denali KidCare, Veteran's Benefits or your employer provides health insurance, you have met the requirements of the Individual Mandate and do not need to purchase additional health care coverage to avoid the tax penalty.

Q: If I don't buy insurance, will I still be able to get health care services at my IHS/Tribal health facility?

A: Yes, you will still be able to get care at your IHS/Tribal health facility. However, you still need to apply for an exemption at [www.healthcare.gov](http://www.healthcare.gov).

Q: If I don't buy insurance, will I still be able to get health care services at my IHS/Tribal health facility?

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## Q & A Continued from pg . 7

A: Yes, you will still be able to get care at your IHS/Tribal health facility. The health care services provided at IHS/Tribal health facilities are not changing.

Q: How do I enroll in a Tribe?

A: Tribal enrollment rules are different for every Tribe. Contact your family's Tribe(s) to learn about what is required for enrollment. Tribal addresses can be found at [www.ncai.org/tribal-directory](http://www.ncai.org/tribal-directory). You can also contact the Bureau of Indian Affairs, Alaska Regional Office, at (800) 645-8465, option 1.

Q: Does it have to be a card or can it be a letter?

A: The Tribe may choose to issue an enrollment card or provide a letter that verifies Tribal status.

Q: Do I have to establish blood quantum?

A: Some Tribes may require a minimum blood quantum, so it's important to contact the Tribe.

## *Pre School is in Session!* By Tanya Salmon



Dawson, Danni, Jon, Jem, & Avery ready for their first day of school.

I am proud to say we have survived the first month of pre school! This is the biggest class that I have ever had: Jem (3), Avery (3), Dawson (3), Dannika (4), & Jon (5). The first several weeks of school was spent getting them to adjust to a school environment, getting along with their peers, classroom behavior, & for them to get to know me better. Believe me, the older students have heard quite a lot of roaring, yelling, laughing, crying, & other kid noises echoing throughout the school.

We are back to the basics working on colors, shapes, name recognition, as well as counting, how to handle scissors, calendar activities, numbers, etc. Believe me, the "glue" session was a big hit & the kids really "stuck" to that lesson! Sometimes it gets super hectic & I don't know if they are learning anything, but later, I am so proud when out of the blue they are like, "teacher, can you hand me the circle?" or if they recognize their name. It shows they are retaining the information, even if I think it is complete chaos. It is also so cute when one of the kids sees a fellow classmate doing something nice, they will always point it out, "Dawson, you are doing a good job sharing."

Here are some pictures of what we have been up to!



## Summer Reading Club & Back To School Potluck by Tanya Salmon

ItsName	Age Group	Total Books	Total Pages
Erika	0 to 4	415	
<b>Avery</b>	<b>0 to 4</b>	<b>701</b>	
Katia	0 to 4	3	
Dannika	0 to 4	102	
Jon	0 to 4	7	
Jem	0 to 4	94	
Shealayla	5 to 8	15	
Rhiana	5 to 8	14	
Kiara	5 to 8	7	
Keilan	5 to 8	2	
<b>Walt</b>	<b>5 to 8</b>	<b>102</b>	
Kaylee	9 to 18	56	2,337
Dolly Ann	9 to 18	5	1,667
<b>Ella</b>	<b>9 to 18</b>	<b>146</b>	<b>4,826</b>
Rylee	9 to 18	28	763
Kaleb	9 to 18	13	406
Connor	9 to 18	8	233
Lydia	18 & up	14	5,494
<b>Alicia</b>	<b>18 &amp; up</b>	<b>20</b>	<b>5,822</b>
Tanya	18 & up	9	4,027
Julie	18 & up	14	3,849
Ronnie	18 & up	5	1,257
Stacie G.	18 & up	8	1,586
Ida	18 & up	2	583
AJ	18 & up	2	473
Tate	18 & up	2	273
Stacy H.	18 & up	1	390
<b>TOTAL</b>		<b>1,795</b>	<b>35,304</b>

Summer Reading Club ended on August 24th at 5:00 PM. Unfortunately, we didn't meet our ultimate goal of reading 2,000 books & earning a banana split party. The kids made a valiant effort though. Like any procrastinators (which I am also prone to) the kids waited until the last day of Summer Reading Club to power read & try to earn the ultimate goal. I had a library full of kids reading aloud to younger kids, speed reading through books with plenty of pictures, & encouraging one another to read more. They had a system of their own, orchestrated by themselves: kids would read books & pile them up, Ella & Kaylee would write who read the book & the number of pages on a little yellow stick & adhere it to the book. Then they would quickly read a few books themselves. Pulling the books out & reading was fun, but at 5 PM, they had to put the books back while I tallied the final number: 1,795 books, 35,304 pages read by 27 people.

The day after the Summer Reading Club ended, we held a Back to School Potluck at the school. Everyone contributed to the feast, the community welcomed back the Gooden family & met the new teacher, Jeff Bringhurst.

After the potluck & awards, everyone quickly cleaned up the gym & prepared for a dance sponsored by Nunamta. Five band members arrived & played live music until 11 that night!

Awards were given out to everyone who participated in the Summer Reading Club. Together, we earned enough for a BBQ, which may be held during the Book Sale the Student Government will hold. Next year, let's reach the ultimate goal & earn ourselves a Banana Split Party! Thank you for all those who participated & the people who took the time to read to the younger kids! & Thank you band players for coming to Igiugig & keeping us entertained.



### Big Mountain Monitoring Project by Christina Salmon

From August 12th to the 16th, Stacie Garrison, Karl Hill, Nathan Oberlee and myself were at Big Mountain to conduct water and sediment sampling for the Air Force. Iliaska Environmental was awarded the long term monitoring contract at the Big Mountain Long Radio Relay Station, and we partnered with Nate Oberlee, owner of Rescon Alaska, LLC. Stacie and I were completely new to water and soil sampling and the strict order in which sampling was done, so every day was a new learning experience to us. At first, looking at all the clear and amber colored glass jars and stacks of labels with words printed on them we never even heard of before, left us feeling overwhelmed! That and the fear of wild animals like bears and squirrels kept us alert at all times. After a quick safety meeting we were ready to start collecting water samples from water monitoring wells that were in place already. We quickly caught on and the week flew by. We conducted landfill inspections at the top of the mountain and that was my favorite part of the trip. The view from the top was breath taking. Besides the fact that everyone could get cell phone service but me, it was still worth it. This was Iliaska's first time doing this work at Big Mountain and I enjoyed it a lot and what I learned with hands on training was priceless.



Stacie & Karl hanging around the fire at Big Mountain.



Kaylee & Keilan playing at Belinda Creek.



Christi & Nathan busy sampling.

## **IMPORTANT!!!!!!!**

The gas card system will be installed at the end of October. The unleaded gas pump will be on a fuel management system that will allow village residents to pump their own fuel and help track fueling numbers for the village council. A key and fuel book will no longer be needed to pump fuel from the unleaded dispenser. Unleaded fuel purchases (excluding bulk fuel orders) will no longer be charged to a council bill to be paid for at a later time. The pre-paid card will be loaded with initial funds at the council office and the customer will use the card to activate the pump and dispense fuel. New information will become available as training is provided to council staff. An announcement will be made once the fueling system is in operation. Fueling from the bulk fuel farm will remain the same and still require a key and fuel book.



Erika & Avery exploring the "other side."



Alexandria & Rhiana at Cecelia's wedding in Newhalen.



Erika playing with her cousins Scout & Stormi.



Mischief Danni & Shea sporting Igiugig & BBNC hats at the office.



Christi & Mary check out the barge landing on a blustery day



Keilan with his cool shades as he waits for his dinner at Sea Galley.



Alicia busy baby sitting Shea, Paige, & Dawson.



Kaleb with his catch of spruce hens.



Mackenzie looking cute at the office.



Kevin with the moose he caught.



Willy & Bobby bringing 4 Wheelers across.



Kaylee checking out the suicidal fish @ the Lagoon.



Keilan & Walt walking on "stilts" with their old man canes.



Annie & Mary taking a rest from the film crew at Kukakluk.



Annual Diabetes Prevention/Cross Country Walk/Run  
 Back Left to Right: AJ (holding onto Sunny's leash), Tanya, Jeff, Tess, Karl, Colleen, Tate.  
 Middle: Ella, Fewnia, Sandy  
 Front: Jem, Avery, Rhiana, Kaylee, Aiden, Kaleb, Keilan, Walt, Rylee, & Jon.



Stacy & Christi play tug of war on logs.



Jon making a wish & blowing out his candles.



Christi with the caribou she caught.



Shea snacking on some blueberries.

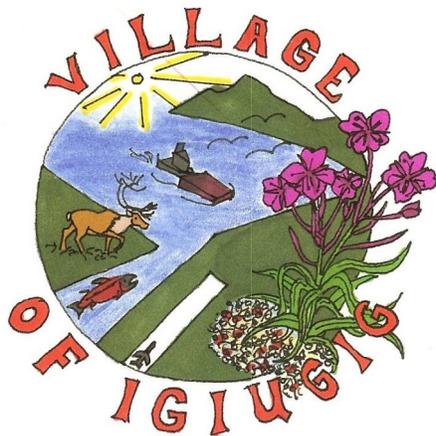


Sisters Lydia & Julie looking for berries.

## Igiugig Village Council

AlexAnna Salmon, President  
Pandy Alvarez, Vice President  
Kevin Olympic, Member  
Christina Salmon, Member  
Mary Olympic, Member  
AlexAnna Salmon, Interim Village Administrator  
Sandy Alvarez, Director of Accounting & Finance  
Christina Salmon, Environmental Director  
Tanya Salmon, Social Services Director, News-  
letter Director  
April Hosetter, Library Director  
Eudi Nunez, Fire Chief  
Kannon Lee, Grants Administrator  
Ida Nelson, Local PLP Delegate, Tribal Clerk

Visit us on the web!  
[www.igiugig.com](http://www.igiugig.com)



First Class Mail

PO Box 4008  
Igiugig, AK 99613

Front Page Photo Credit: Christina Salmon  
View of Lake Iliamna from Big Mountain  
Back Page Photo Credit: Dolly Ann Zharoff  
Falling for fall.

# Igiugig Tribal Village Council Newsletter